Stop Working FROM A Prison Cell
Hi, I’m Chris Michel
hatefulcrawdad
“Man must not allow the clock and the calendar to blind him to the fact that each moment in his life is a miracle and a mystery.”

–H.G. Wells
A Brief History of Work
Hunter Gatherer
Hunter Gatherer
Hunter Gatherer
Hunter Gatherer
More Work = More Things
Agricultural Revolution
Agricultural Revolution
Industrial Revolution
Minimal energy output for return
Age of the Developer
Internet/2000s

WWW |
We have a job we love
We have a job we love
We have the upper hand
We all have a different balance
You are in control of your balance
Choice = Freedom
Say “No” more often
The iWorld
Tips on Achieving Balance
1
Identify Your Priorities
2

Track Your Time
One Thing at a Time
Schedule Happy Time
Private Time
6 Vacation
7

Ask for Support
Exercise
Set Boundaries
Know Your Rhythm
How I Balance
Tools I Use
Tools I Use
Tools I Use
Tools I Use
Outside of Work
Sache
www.sache.in
Work of the Future
Information Revolution
Remote
Remote
Holacracy
Stay inspired
It’s up to you!
Thanks!